



## Eagle Crest Family Retreats Weekend Meal Time Location/Schedule & Sample Menu (Tentative March 2022)

### Meal Time Location/Schedule:

Meals will be served in our Dining Lodge or Beach Cookout Area. Within all areas, each cabin/family will be seated together at their own table.

If families wish to take their tray to an outside picnic table, or even their own cabin area, they are welcome to do so, provided that they return the tray and utensils promptly once finished.

Due to limited capacity in our Dining Lodge, guests will be separated into two different meal groups; Group A and Group B. The schedule changes daily to accommodate all guests. Meal times will be assigned at Check-In.

Schedule	Friday	Saturday	Sunday
Breakfast 7:00 - 7:45	-	A	B
Breakfast 8:00 - 8:45	-	B	A
Lunch 11:30 - 12:15	-	A	B
Lunch 12:30 - 1:15	-	B	A
Dinner 5:00 pm - 7:00 pm	First Come First Serve	-	-
Dinner 5:00 - 5:45	-	A	B
Dinner 6:00 - 6:45	-	B	A

### Sample Menu:

	Friday	Saturday	Sunday
<b>Breakfast</b>	-	Breakfast Bar (Yogurt, Granola, Boxed Cereal, Fruit) Muffins/Bagels/Toast Bread Scrambled Eggs Bacon	Breakfast Bar (Yogurt, Granola, Boxed Cereal, Fruit) Muffins/Assorted Danishes French Toast / Maple Syrup Sausages
<b>Lunch</b>	-	<i>BBQ Down At Outdoor Cookout</i> Mixed Green Salad Cut Veggie Tray/Dip Hamburgers /Italian Sausages French Fries/Onion Rings Dessert	Salad Bar Make Your Own Deli Meat Sub (Roast Beef, Chicken, Salami) Sub Rolls Sliced Cheddar Cheese Lettuce, Tomato, Onions Potato Chips Dessert
<b>Dinner</b>	Salad Bar Chicken Souvlaki Lemon Greek Potatoes Rice Pilaf Pita Bread/Tzatziki Dessert	Salad Bar Roast Turkey Mashed Potatoes Bread Dressing Steamed Broccoli/Cauliflower Gravy/Cranberry Sauce Dessert	-