



Eagle Crest Family Retreats Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 - 8:00	Yoga on the docks (8:30 - 9:30)	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity
7:00 - 8:00	Breakfast Group A	Breakfast Group B	Breakfast Group A	Breakfast Group B	Breakfast Group A	Breakfast Group B	Breakfast Group B
8:00 - 9:00	Breakfast Group B	Breakfast Group A	Breakfast Group B	Breakfast Group A	Breakfast Group B	Breakfast Group A	Breakfast Group A
9:00	Activity Kiosk & Tuck Shop Open						
9:00	AquaSlide & Lily Pad Open (9:00 am - 12:00 pm)						
9:30 - 11:30	Activity Period #1						
	Activities offered: Waterskiing, Archery, Mountain Biking						
10:00 - 11:00	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity	Optional Daily Activity
11:00	Check-Out						
11:30 - 12:30	Lunch Group A	Lunch Group B	Lunch Group A	Lunch Group B	Lunch Group A	Lunch Group B	Lunch Group B
12:30 - 1:30	Lunch Group B	Lunch Group A	Lunch Group B	Lunch Group A	Lunch Group B	Lunch Group A	Lunch Group A
1:00	Lifeguards on duty for swimming in designated swim area (1:00 - 4:00 pm)						
1:30 - 3:30	Activity Period #2						
	Activities offered: Waterskiing, Archery, Wall Climbing						
2:00	Check-In						
3:30 - 5:30	Activity Period #3						
	Activities offered: Waterskiing, Wall Climbing						
5:15 - 6:15	Dinner Group A	Dinner Group B	Dinner Group A	Dinner Group B	Dinner Group A	Dinner Group B	Dinner Group B
6:15 - 7:15	Dinner Group B	Dinner Group A	Dinner Group B	Dinner Group A	Dinner Group B	Dinner Group A	Dinner Group A
7:30 start	Evening Programs						
	Campfire						
	Evening Programs	Evening Programs	Evening Programs	Evening Programs	Evening Programs	Evening Programs	Evening Programs
8:00	Activity Office & Tuck Shop Closed						
11:00	All Camp Quiet Hours (11:00 pm - 7:00 am)						